



Granby Primary School  
Sex Education Curriculum  
CWP



**Sex Education Curriculum: CWP Curriculum objectives overview**

**Year 4: Growing Up**

Growing and changing:

- Explore the human life cycle
- Describe the main stages of the human lifecycle
- Describe the body changes that happen when a child grows up

What is puberty?

- Identify some basic facts about puberty
- Discuss male and female body parts using agreed words
- Know some of the changes which happen to the body during puberty

Puberty changes and reproduction:

- Explore how puberty is linked to reproduction
- Know about physical and emotional changes that happen in puberty
- Understand that children change into adults so they can reproduce

**Year 5: Puberty**

Talking about puberty:

- Explore and explain the physical and emotional changes during puberty
- Ask questions about puberty with confidence

Male and female changes:

- Understand male and female puberty changes in more detail
- Understand how puberty affects the reproductive organs
- Describe how to manage physical and emotional changes

Puberty and hygiene:

- Explore the impact of puberty on the body and the importance of hygiene
- Explore ways of getting support during puberty
- Explain how to keep clean during puberty
- Explain how emotions change during puberty

**Year 6: Puberty, relationships and reproduction**

Puberty and reproduction:

- Describe how and why the body changes during puberty in preparation for reproduction
- Talk about puberty and reproduction with confidence

Understanding relationships:

- Consider physical and emotional behaviour in relationships
- Discuss different type of adult relationships with confidence
- Know what form of touching is appropriate

Conception and pregnancy:

- Explore the process of conception and pregnancy
- Describe the decisions that have to be made before having a baby
- Know some basic facts about pregnancy and conception

Communicating in relationships:

- Explore positive and negative ways of communicating in a relationship
- Consider when it is appropriate to share personal/ private information in a relationship
- Know how and where to get support if an online relationship goes wrong

#### **Channel 4 Learning:**

As part of the Christopher Winton Project Scheme of work we show some programmes from Channel 4 Learning's 'Living and Growing' series:

Year 5:

- Growing Up

Year 6:

- Growing up
- How babies are Made