

# Nursery Curriculum Coverage & Objective Progression - *Intent*

Area: **Personal, Social & Emotional Development**

Aspect: **Self-regulation**

Autumn 1 (All About Me)	Autumn 2 (Autumn & Autumn Celebrations)	Spring 1 (Storytelling)	Spring 2 (Food Glorious Food)	Summer 1 (Beautiful World)	Summer 2 (Our Adventures)
<p><b>Knowledge and Skills</b> <u>Birth to 3 Years</u></p> <ul style="list-style-type: none"> <li>Find ways to calm themselves, through being calmed and comforted by their key person</li> <li>Find ways of managing transitions, for example from their parent to their key person.</li> <li>Feel strong enough to express a range of emotions.</li> <li>Be increasingly able to talk about and manage their emotions</li> <li>Begin to show 'effortful control'. For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front.</li> </ul> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b> <u>Birth to 3 Years</u></p> <ul style="list-style-type: none"> <li>Find ways to calm themselves, through being calmed and comforted by their key person</li> <li>Find ways of managing transitions, for example from their parent to their key person.</li> <li>Feel strong enough to express a range of emotions.</li> <li>Be increasingly able to talk about and manage their emotions</li> <li>Begin to show 'effortful control'. For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front.</li> </ul> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b> <u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b> <u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Develop appropriate ways of being assertive.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b> <u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Develop appropriate ways of being assertive.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul> <p><u>Reception Children</u></p> <ul style="list-style-type: none"> <li>Identify and moderate their own feelings socially and emotionally.</li> </ul>	<p><b>Knowledge and Skills</b> <u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>Show more confidence in new social situations.</li> <li>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Develop appropriate ways of being assertive.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul> <p><u>Reception Children</u></p> <ul style="list-style-type: none"> <li>Identify and moderate their own feelings socially and emotionally.</li> </ul>

# Nursery Curriculum Coverage & Objective Progression - *Intent*

Area: **Personal, Social & Emotional Development**

Aspect: **Managing Self**

<b>Autumn 1</b> (All About Me)	<b>Autumn 2</b> (Autumn & Autumn Celebrations)	<b>Spring 1</b> (Storytelling)	<b>Spring 2</b> (Food Glorious Food)	<b>Summer 1</b> (Beautiful World)	<b>Summer 2</b> (Our Adventures)
<p><b>Knowledge and Skills</b></p> <p><u>Birth to 3 Years</u></p> <ul style="list-style-type: none"> <li>Establish their sense of self.</li> <li>Express preferences and decisions. They also try new things and start establishing their autonomy.</li> <li>Find ways of managing transitions, for example from their parent to their key person.</li> <li>Thrive as they develop self-assurance.</li> <li>Be increasingly able to talk about and manage their emotions</li> <li>Safely explore emotions beyond their normal range through play and stories.</li> <li>Are talking about their feelings in more elaborated ways: "I'm sad because..." or "I love it when ...".</li> </ul> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>Birth to 3 Years</u></p> <ul style="list-style-type: none"> <li>Express preferences and decisions. They also try new things and start establishing their autonomy.</li> <li>Find ways of managing transitions, for example from their parent to their key person.</li> <li>Thrive as they develop self-assurance.</li> <li>Be increasingly able to talk about and manage their emotions</li> <li>Safely explore emotions beyond their normal range through play and stories.</li> <li>Are talking about their feelings in more elaborated ways: "I'm sad because..." or "I love it when ...".</li> </ul> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul> <p><u>Reception Children</u></p> <ul style="list-style-type: none"> <li>See themselves as a valuable individual.</li> <li>Begin to express their feelings and consider the feelings of others.</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</li> <li>Show more confidence in new social situations.</li> <li>Increasingly follow rules, understanding why they are important.</li> <li>Do not always need an adult to remind them of a rule.</li> <li>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</li> </ul> <p><u>Reception Children</u></p> <ul style="list-style-type: none"> <li>See themselves as a valuable individual.</li> <li>Begin to express their feelings and consider the feelings of others.</li> </ul>

# Nursery Curriculum Coverage & Objective Progression - *Intent*

Area: **Personal, Social & Emotional Development** Aspect: **Building Relationships**

Autumn 1 (All About Me)	Autumn 2 (Autumn & Autumn Celebrations)	Spring 1 (Storytelling)	Spring 2 (Food Glorious Food)	Summer 1 (Beautiful World)	Summer 2 (Our Adventures)
<p><b>Knowledge and Skills</b></p> <p><u>Birth to 3 Years</u></p> <ul style="list-style-type: none"> <li>Play with increasing confidence on their own and with other children, because they know their key person is nearby and available.</li> <li>Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities, and so on.</li> <li>Develop friendships with other children</li> </ul> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Develop their sense of responsibility and membership of a community.</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting. Play with one or more other children, extending and elaborating play ideas.</li> <li>Begin to understand how others might be feeling</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>Birth to 3 Years</u></p> <ul style="list-style-type: none"> <li>Play with increasing confidence on their own and with other children, because they know their key person is nearby and available.</li> <li>Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities, and so on.</li> <li>Develop friendships with other children</li> </ul> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Develop their sense of responsibility and membership of a community.</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting. Play with one or more other children, extending and elaborating play ideas.</li> <li>Begin to understand how others might be feeling</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Develop their sense of responsibility and membership of a community.</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting. Play with one or more other children, extending and elaborating play ideas.</li> <li>Begin to understand how others might be feeling</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Develop their sense of responsibility and membership of a community.</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting. Play with one or more other children, extending and elaborating play ideas.</li> <li>Begin to understand how others might be feeling</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Develop their sense of responsibility and membership of a community.</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting. Play with one or more other children, extending and elaborating play ideas.</li> <li>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>Talk with others to solve conflicts.</li> <li>Begin to understand how others might be feeling</li> </ul> <p><u>Reception Children</u></p> <ul style="list-style-type: none"> <li>Begin to express their feelings and consider the feelings of others.</li> <li>Begin to think about the perspectives of others.</li> </ul>	<p><b>Knowledge and Skills</b></p> <p><u>3 &amp; 4 Year Olds</u></p> <ul style="list-style-type: none"> <li>Develop their sense of responsibility and membership of a community.</li> <li>Become more outgoing with unfamiliar people, in the safe context of their setting. Play with one or more other children, extending and elaborating play ideas.</li> <li>Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>Talk with others to solve conflicts.</li> <li>Begin to understand how others might be feeling</li> </ul> <p><u>Reception Children</u></p> <ul style="list-style-type: none"> <li>Begin to express their feelings and consider the feelings of others.</li> <li>Begin to think about the perspectives of others.</li> </ul>