



Granby Primary School

Physical Education Curriculum Map



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Big Moves: Once a week Real Foundations PE: Static one leg balance Imaginative dance: Windy dance Musical movement and special awareness	Big Moves: Once a week Real Foundations PE: Static balance stance and floor work	Big Moves: Once a week Real Foundations PE: Dynamic balance on a line and counter balance with a partner. Dynamic balance to agility: Jumping and landing.	Big Moves: Once a week Real Gym: Unit 2 Flight and rotation. Apparatus.	Big Moves: Once a week Real Foundations PE: Sending and receiving; ball skills and coordination.	Big Moves: Once a week Real Foundations PE: Agility – reactions and response; ball chasing Sports Day
Reception	Real Foundations PE: Units 1, 2 and 3 Static balance -one leg, seated and floor work.	Real Foundations PE: Units 4 and 5 Static balance stance and dynamic balance on a line.	Real Dance Unit 1 Solo and partner shapes, artistry musicality, solo and partner circles. Real Foundations Unit 6: Dynamic balance to agility: Jumping and landing	Real Gym: Shape, travel, flight and rotation Real Foundations PE Unit 7 Counter balance with a partner.	Real Foundations PE units 8 and 9 Coordination -sending and receiving; ball skills.	Real Foundations PE units 10 and 11 Coordination – footwork; agility - ball chasing. Sports Day
Year 1	Real PE: Personal skills Unit 1 Coordination, dodging and special awareness iMoves: Dodging and spacial awareness	REAL gymnastics unit 1: Shape and travel. Jumping and locomotion iMoves: jumping and locomotion	Real gym unit 2: Flight and rotation Real PE: cognitive Unit 3 Dynamic and static balance	Real P: Health and fitness Unit 6 Agility chasing a ball and static balance floor work. Real Dance: Unit 1 Shapes, artistry, circles	Real PE: Creative Unit 4 Coordination ball skills, striking skills and counter balance with a partner. iMoves: Striking	Real PE: Social Unit 2 Dynamic and static balance. Jumping and landing. Real PE unit 5: Physical. Coordination sending and retrieving and agility reaction and response. Sports Day
Year 2	Real dance Shapes, circles and artistry Real PE: Personal Unit 1 Coordination- footwork and static balance on one leg	Real PE: Social Unit 2 Dynamic balance to agility – jumping and landing. Static balance – seated. Invasion games: Twinkl unit	Real PE: Cognitive Unit 3 Dynamic balance – on a line Static balance – stance. Fitness: Fitness workouts and games	Real gymnastics Unit 1 Balance and travel Real PE: Creative Unit 4 Coordination – ball skills Counter balance -with a partner	Real PE: Physical Unit 5 Coordination – sending and receiving Agility – reaction/ response Tennis skills Aegon tennis cards	Real gymnastics Unit 2: Flight and rotation Real PE: Health and Fitness Unit 6 Agility -ball chasing Static Balance – floor work. Sports Day
Year 3	Real PE: Personal Unit 1 Coordination – footwork Static balance – one leg Real PE: Social Unit 2: dynamic balance - jumping and landing Static balance - seated	Real Dance: shapes, circles, artistry Real PE: Cognitive Unit 3 Dynamic balance – on a line Coordination – ball skills	Real gymnastics: Unit 1 Travel and rotation. Rotation sequences and pathways with hand apparatus Real PE: Creative Unit 4: Coordination -Sending and receiving Counter balance – with a partner	Real PE: Physical Unit 5: Agility - Reaction and response Static balance – floor work Real Dance: Shapes, circles, artistry	Real gymnastics: Unit 2 Flight and balance. Flight and climbing sequencing on low/ large apparatus. Real PE: Physical Unit 6: Agility – ball chasing Static Balance -stance	Athletics Focus on running and relay: TOPS athletics cards. Team games Variety of team invasion games TOPS invasion cards Sports Day
Year 4	Real gymnastics Unit 1: Balance and rotation – acrobatic and rotation sequence Swimming	Real PE: Personal Unit 1: Coordination – footwork Static Balance – one leg Swimming	Real dance: Shapes, circles, lifts, artistry Swimming	Real PE: Cognitive Unit 3 Dynamic balance – on a line Coordination – ball skills Swimming	Real PE: Creative Unit 4: Coordination -Sending and receiving Counter balance – with a partner Swimming	Real PE: Physical Unit 5: Agility - Reaction and response Static balance – floor work Sports Day Swimming
Year 5	Real Dance Shapes, circles, artistry, lifts, musicality Real PE: Personal Unit 1 Coordination – ball skills agility – reaction/ response	Dance – Harry Potter Unit Real PE: Social Unit 2 Dynamic Balance – on a line. Counter balance – with a partner	Real Gymnastics Unit 1 Rhythmic sequence with hand apparatus. Bench sequences low apparatus Real PE: Cognitive Unit 3 Static Balance - stance Coordination - footwork	Real gymnastics Unit 2 Acrobatic partner work sequences. Large apparatus climbing sequences Real PE: Creative Unit 4 Static balance – Seated Static balance – floor work	Real PE: Physical Unit 5: Dynamic balance to agility – jumping and landing Static balance – one leg Athletics TOPS athletic cards	Real PE: Health and Fitness Unit 6: Coordination – sending and receiving Agility – ball chasing Rounders Striking and fielding planning Sports Day
Year 6	Real PE: Creative Unit 4 Static balance – Seated Static balance – floor work Real PE: Personal Unit 1 Coordination – ball skills agility – reaction/ response	Real Dance Shapes, circles, artistry, lifts, musicality Real PE: Cognitive Unit 3 Static Balance - stance Coordination - footwork	Tag rugby Aviva TAG rugby planning Real Gymnastics Unit 2 Rhythmic sequence with hand apparatus. Bench sequences low apparatus	Rounders Striking and fielding planning Real PE: Physical Unit 5: Dynamic balance to agility – jumping and landing Static balance – one leg	Real PE: Health and Fitness Unit 6: Coordination – sending and receiving. Agility – ball chasing Golf Tri-golf resources cards	Athletics TOPS athletics cards Real gymnastics Unit 2 Acrobatic partner work sequences. Large apparatus climbing sequences Sports Day