



Granby Primary School

PSHCE Curriculum Map



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<p><i>NSPCC Pantosaurus is revisited frequently in Nursery</i></p> <p>Introduce 'The Granby Way': Sense of responsibility in a community/ understand rules</p> <p>Making new relationships: Me and my family, feeling happy and sad, making new friends.</p> <p>My Body: Healthy teeth and naming body parts</p> <p>People who help us: The dentist and different professionals</p>	<p>Bonfire safety: Learn about how to stay safe near fire, fireworks and sparklers.</p> <p>Anti-Bullying Week: What is bullying?</p> <p>Feeling nervous and excited: Link to Christmas time and the school performance</p> <p><i>Anti-bullying week</i></p>	<p>Healthy Eating: Understand that there are foods which are good for us. Find out about different types of fruit.</p> <p><i>Text: Handa's Surprise</i></p> <p><i>Ch's Mental Health Week</i></p>	<p>My family: Why I love my mummy and celebrating Mothers' Day. Showing appreciation. <i>Text: Why I Love my Mummy</i></p> <p>British Values: Learning about different communities and traditions: London. Create a story about London. <i>Text: Peppa Goes to London</i></p> <p><i>The Big Walk and Wheel</i></p>	<p>Relationships: Why is it important to share with others? Help find solutions to conflicts and rivalries. Talk with others to solve conflicts. Begin to understand how others might be feeling.</p> <p>Morals: Develop a sense of responsibility and make the right choice</p>	<p>My Family: Why I love my daddy and celebrating Fathers' Day. Showing appreciation. <i>Text: I Love My Daddy</i></p> <p>Transition: Topsy and Tim start school. Think about what we have achieved this year in nursery.</p> <p><i>Enterprise Week</i></p>
Reception	<p><i>NSPCC Pantosaurus is revisited frequently in Reception</i></p> <p>Myself and my relationships: Beginning and belonging. <i>Text: Colour Monster goes to School. I am unique – Text: What I Like About Me!</i> Belonging to family – <i>Texts: The Family Book and Peppa Pig – Family Reunion.</i> My different emotions – <i>Text: The Colour Monster.</i></p> <p>Healthy and safer lifestyles: Oral health/ looking after our teeth.</p> <p>Citizenship: Me and my world – <i>Text: People Who Help Us.</i></p>	<p>Citizenship: Explore community/neighbourhood. Recognise celebrations in different communities: Diwali, Bonfire Night, Christmas. Raise money for charity- Children in Need. How we make other people feel better.</p> <p>Healthier/ Safer Lifestyles: Bonfire Night safety</p> <p>Myself and my Relationships: Working/ playing together. Turn taking. <i>Anti-bullying week</i></p>	<p>Citizenship: Me and My World: Growing up. <i>Text: Once there were Giants</i></p> <p>Identity and diversity: learn about Chinese New Year celebrations.</p> <p>Healthy and Safer Lifestyles: Learn about healthy choices and different fruits. Make fruit salad kebabs. <i>Text: The Healthy Wolf</i></p> <p><i>Ch's Mental Health Week</i></p>	<p>Myself and my relationships: Celebrating Mothers' Day. Talking about our families.</p> <p>Healthy and Safer Lifestyles: My body and changes growing up. Lifecycles of other animals and comparing them to our own.</p> <p>Citizenship: Cultural and religious celebrations at Easter time.</p> <p><i>Balance Bike sessions</i></p> <p><i>The Big Walk and Wheel</i></p>	<p>Citizenship: Me and my world: Our natural environment and caring for it. Identities and diversity in the world: Similarities between this country and others. British Values: The Royal Family and London. <i>Text: We Completely Must go to London</i></p> <p><i>British Tea Party</i></p>	<p>Citizenship: Identities and diversity: Recognising important people in our lives. Fathers' Day. <i>Text: Daddy is my Hero</i></p> <p>Healthy and Safer Lifestyles: My body and growing up.</p> <p>Myself and my Relationships: Transition work to prepare for Year One.</p> <p><i>Enterprise Week</i></p>
Year 1	<p><i>NSPCC Pantosaurus is revisited frequently in Year 1</i></p> <p>Beginning & belonging: Understand behaviour and rule expectations. Build relationships. Discuss how to support someone new to school. Who is in our 'support network'?</p>	<p>Working together: Know own skills and areas of development. Listening skills, taking turns, discussion, negotiation and cooperation. Can I work in a group?</p> <p><i>Anti-bullying week</i></p>	<p>Managing risks: Risky situations and how to reduce risk. What is an emergency? Accident prevention. Traffic and sun safety. What to do if lost.</p> <p><i>Visit from Fire Service</i></p> <p><i>Ch's Mental Health Week</i></p>	<p>Personal Safety: Safe circles and who to talk to, safe places to work and play, getting lost, know about good / bad secrets and yes/ no touches. Identify private parts and how to say no. Pantosaurus.</p> <p><i>The Big Walk and Wheel</i></p>	<p>Family & friends: Describe skills when making friends, understand friendship changes, what to do when have friendship problems. Different families.</p>	<p>Financial capability: Where we get money from, how to save and keep money, understand family spending and wants vs needs. What do charities do? How do we pay for things? How do I feel about money?</p> <p><i>Enterprise Week</i></p>
Year 2	<p>Rights, rules and responsibilities: Responsibilities towards classmates and family, class rules, voting and decision making. Who looks after me? How do rules make me feel safe? Can I listen, share views and take turns?</p>	<p>Healthy lifestyles: Reflect on healthy choices and activities. What is healthy eating? Why should I be active?</p> <p>Drug education: Safety and medicines, injections, how medicines can be helpful.</p> <p><i>Anti-bullying week</i></p>	<p>Me and my emotions: Recognise feelings, calming techniques, strategies to remain positive, impulsive vs considered behaviour. How can I relax?</p> <p><i>Ch's Mental Health Week</i></p>	<p>Diversity and communities: Similarities and differences between themselves and others. Places in communities and who might help them. What are stereotypes?</p> <p><i>The Big Walk and Wheel</i></p>	<p>Anti-bullying: Understand what bullying is, feelings around bullying, responses to bullying, strategies to deal with bullying, helping others who are bullied.</p>	<p>Managing change: Think of changes in themselves and achievements, consider what can change during lives, strategies to cope with change. Coping with loss. Managing friendship changes.</p> <p><i>Enterprise Week</i></p>
Year 3	<p>Beginning and belonging: Rules and relationships in the classroom. Understand new situations. How to help others and how to access support themselves. Which people are in my network and how can I get help?</p>	<p>Working together: Know own skills and development areas, team skills and work together on class challenge. Can I listen, ask open questions, share views, contribute to groups tasks, persevere, evaluate?</p> <p><i>Anti-bullying week</i></p>	<p>Managing safety and risk: Physical, emotional and social risks. How friends affect decisions. Reducing risk. Road/ water safety. Basic first aid. What to do in emergencies.</p> <p><i>Ch's Mental Health Week</i></p>	<p>Family and friends: Changes in friendship patterns and resolving conflicts. Understand different points of view. Trust and personal boundaries. How friends and families help each other/ support networks.</p> <p><i>The Big Walk and Wheel</i></p>	<p>Anti-bullying: Deliberate and hurtful, cyberbullying. Understand that people can be bullied because of ethnicity, religion, culture, family life. How to support people who are bullied.</p>	<p>Financial capability: Understand how money is earned, keeping money safe, spending choices. What do charities do to help? How do my choices affect my family, community and world?</p> <p><i>Enterprise Week</i></p>
Year 4	<p>Rights, rules, responsibilities: How rights come with responsibilities. Discuss rules and decision making in school. Understand the importance of respect to those in positions of authority. How democratic decisions are made.</p>	<p>Healthy lifestyles: Reflect on own lifestyle: sleeping, eating, dental health and being active.</p> <p>Drug education: Understand effects of some medication. Uses and misuses of drugs.</p> <p><i>Anti-bullying week</i></p>	<p>My emotions: Be able to recognise how themselves and others are feeling. Develop strategies to deal with emotions. Develop problem solving skills.</p> <p><i>Ch's Mental Health Week</i></p>	<p>Personal safety: Practise using assertive voice and body language, use sixth sense with risk. Good/ bad secrets, sexual touching. Online safety. Support network for help.</p> <p><i>The Big Walk and Wheel</i></p>	<p>Diversity and communities: Recognise differences and respect diversity.</p> <p>Growing up (Sex education): Changes in the body/ emotions. Puberty.</p>	<p>Managing change: Emotions involved in loss/ change situations & how to manage them. Understanding bereavement. Strategies to help when friendships change.</p> <p><i>Enterprise Week</i></p>
Year 5	<p>Beginning and belonging: Get to know responsibilities in school, respect peers, collaboration and building relationships, strategies to deal with new situations. Welcome new people and support them. Support networks we have in place in school.</p>	<p>Working together: Own strengths and skills. How I can improve myself. Future skills and jobs. What jobs do people do? Listening, negotiation, debate and chairing skills. Perseverance. Giving and receiving feedback.</p> <p><i>Anti-bullying week</i></p>	<p>Personal safety: Explore dilemmas involving honesty and dishonesty. Explore risk. Boundaries. Safe and unsafe secrets. Neglect and abuse. Appropriate physical contact. Reporting concerns.</p> <p><i>Visit from Fire Service</i></p> <p><i>Ch's Mental Health Week</i></p>	<p>Diversity and communities: Own identify, ethnic makeup of community and Britain. Recognise stereotyping/ prejudice. Views of gender identity. Respecting others' beliefs, traditions and lifestyles. Media and how it influences.</p>	<p>Healthy lifestyles: Food nutrition, exercise. Lifestyle choices and what influences them. Spending time online: risks to physical and mental health.</p> <p>Puberty changes: Physical and emotional changes in puberty. Hygiene during puberty.</p>	<p>Family and friends: Understand friendships and relationships. How to maintain friends and make new ones. Healthy friendships on and offline. Communicate, compromise and empathise when resolving issues.</p> <p><i>Enterprise Week</i></p>
Year 6	<p>Rights, rules and responsibilities: Know why laws and rules are needed in society, understand the rights of a child. Understand democracy. How do I show respect and how does my behaviour online affect others? How can I make a difference in school?</p>	<p>Drugs, substances and risks: Alcohol, smoking, solvents and illegal drugs? Categorise medical, non-medical, legal and illegal drugs. What medicine keeps people healthy? Know drug laws. Peer/ media pressure.</p> <p><i>Bikeability and Road Safety</i></p> <p><i>Anti-bullying week</i></p>	<p>Managing safety and risk: Positive/ negative consequences of taking physical, emotional and social risks. Keeping safe. Stop, Decide, Do strategy. how to get help. Safety in different scenarios.</p> <p><i>Trip to Warning Zone</i></p> <p><i>Ch's Mental Health Week</i></p>	<p>Relationships</p> <p>Anti-bullying: Recognise forms of bullying. Why someone might bully. How to intervene and defend someone. Online bullying and what to do. How prejudice can lead to bullying. How we can prevent bullying in school</p> <p><i>The Big Walk and Wheel</i></p>	<p>Financial capability: History of trade and money, occupations and skills needed, managing money. Understand poverty. Understanding that people earn different amounts and that some money goes towards taxes.</p>	<p>Relationships, puberty and conception: Understand emotional and physical changes to prepare for human reproduction.</p> <p>Transition to secondary Similarities/ differences between primary and secondary school.</p> <p><i>Enterprise Week</i></p>